



Healing Powers of Vinegar (Paperback)

By Cal Orey

Kensington Publishing, United States, 2016. Paperback. Book Condition: New. 210 x 140 mm. Language: English . Brand New Book. From Folk Medicine to Modern Miracle-- Discover the Amazing Powers of Vinegar! Discover the healing powers of apple cider vinegar--now widely recognized as a valuable weight loss tool and a potent elixir. Find out how vinegar's curative powers can also help prevent age-related diseases like cancer, heart disease, and bone loss. Learn how red wine vinegar contains the same important antioxidants as red wine--without the alcohol. Put dozens more home remedies to work for treating allergies, arthritis, toothache, sunburn, swimmer's ear, sore throat, and other pesky ailments. You'll also find a wealth of natural beauty treatments and environment-friendly household hints--from making kitchen countertops sparkle to cleaning up kids and pets. Incorporating the latest scientific evidence, plus Mediterranean-style heart-healthy fisherman recipes, *The Healing Powers of Vinegar* is a must-have, invaluable resource that will show you how to make the most of this proven powerful healer! Wonderfully useful for everyone interested in health. --Elson Haas, M.D., author of *Staying Healthy with Nutrition*.



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Reviews

Very useful to all of category of people. I actually have read through and that i am sure that i will likely to go through once more again in the foreseeable future. I realized this book from my i and dad advised this publication to find out.

-- **Alta Kirlin**

This is the very best publication i have got read until now. It is definitely simplified but shocks within the fifty percent of the pdf. You may like how the article writer create this pdf.

-- **Rosario Durgan**