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Hypnotherapy: Causes, Effects and Strategies for Effective Treatment with Hypnosis, Hypnotherapy and Nlp (Paperback)

By John Smale

Emp3books, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. Many books about hypnotherapy are expensive. I do not know why, but I can guess that they are written as much for profit as for help. However, Hypnotherapy, causes, effects and strategies for effective treatment with hypnosis, hypnotherapy and NLP is affordable essential reading for anybody who practices, wishes to practice and for clients who want to seek help from a therapist. A therapist should be a catalyst for beneficial change. He/she listens, and then works out patterns and then changes perceptions to achieve constructive results. He/she should be a facilitator for positive change rather than a creator of a Frankenstein client full of false beliefs. A therapist is a channel for change. Hypnotherapy, this book, cuts through the mysterious nature given to therapy. Forget outrageous claims and strange techniques that hide a straightforward process from therapists and clients alike. Using his experiences with a large number of problems presented by many clients over a substantial period of time, this book is aimed at giving guidance and level-headed advice to new therapists, established therapists and their clients. John...



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